

GIRLS STUFF

**UNDERSTANDING PUBERTY AND THE CHANGING TEENAGE BODY**

**“WHAT’S HAPPENING TO U”**

**For Girls in Years 5, 6, 7 & 8**

**Understanding Changes to your Body**

**Menstruation**

**Social and Emotional Changes During Puberty**

**WHERE: GUNNEDAH FAMILY SUPPORT**

**3 RESERVOIR STREET**

**GUNNEDAH**

**WHEN: 1st week School Holidays**

**Tues 11th, Wed 12th & Thurs 13th April 2017**

**BETWEEN 10AM – 1PM**

**( LUNCH WILL BE PROVIDED)**

**Contact Karen or Judy on 67 421515**

**A Parental Consent Form needs to be signed for all participants**