



# Stop, Think, Do

## Social Skills Program

### When

TERM 3, 2014

DATE: TBA

### Where

Blacktown Local Government Area

### Duration

8 Sessions

3:45pm—5:30pm

**FREE**

Age Group this Term:  
10 to 12 years

**Children  
From All Areas Welcome!**

### WHAT IS THE STOP, THINK, DO PROGRAM?

Children learn better when they have positive social interactions and this is important both with other children at school and also their teachers.

Helps develop positive social skills that will assist children in forming and maintaining friendship both in school and other areas of their life.

### THE PROGRAM AIMS TO HELP CHILDREN LEARN TO:

- ✓ Listen and talk with others
- ✓ Understand other peoples feelings
- ✓ Express their own feelings appropriately
- ✓ STOP and THINK before they act, and therefore, make positive choices and decisions
- ✓ Make and keep friends
- ✓ Learn self assertive skills in how to assert themselves positively
- ✓ Cope with and learn strategies to deal with negative pressure, teasing and bullying
- ✓ Work in groups and help each other

**Bookings Essential**

**For further information, expression of interest and bookings  
Please phone 02 9621 3922**