



Stop, Think, Do

Social Skills Program

When

During Public School Terms

Where

Blacktown Local Government Area

Duration

1 afternoon a week

8 weeks

Time

3:45pm—5:30pm

Age Groups

8 to 9 Years

10 to 12 Years

**Children
From All Areas Welcome!**

FREE

WHAT IS THE STOP, THINK, DO PROGRAM?

Children learn better when they have positive social interactions and this is important both with other children at school and also their teachers.

Helps develop positive social skills that will assist children in forming and maintaining friendship both in school and other areas of their life.

THE PROGRAM AIMS TO HELP CHILDREN LEARN TO:

- ✓ Listen and talk with others
- ✓ Understand other peoples feelings
- ✓ Express their own feelings appropriately
- ✓ STOP and THINK before they act, and therefore, make positive choices and decisions
- ✓ Make and keep friends
- ✓ Learn self assertive skills in how to assert themselves positively
- ✓ Cope with and learn strategies to deal with negative pressure, teasing and bullying
- ✓ Work in groups and help each other

Bookings Essential

**For further information, expression of interest and bookings
Please phone 02 9621 3922 or 0407 222 379**