

Tuning into Kids



Parenting Program

Tuning in to Kids is a parenting program, for parents of children aged 0-12 years that aims to give you helpful ways of teaching your child the skills of emotional intelligence.

You will learn:

- To talk to your child about their emotions
- To help your child learn how to manage their emotions to guide your child's behavior with appropriate limits to teach your child problem solving skills.

Where: Northern Women's Health Centre, 7 Rose Street Wyong

Time: 10.00am to 12.30pm

Dates: Every Wednesday starting 14th July to the 18th August 2021 (6 week course)

Cost: Free

Phone: 4351 1152 bookings essential



Childcare available if pre booked



Tuning into Kids



Parenting Program

Tuning in to Kids is a parenting program, for parents of children aged 0-12 years that aims to give you helpful ways of teaching your child the skills of emotional intelligence.

You will learn:

- To talk to your child about their emotions
- To help your child learn how to manage their emotions to guide your child's behavior with appropriate limits to teach your child problem solving skills.

Where: Northern Women's Health Centre, 7 Rose Street Wyong

Time: 10.00am to 12.30pm

Dates: Every Wednesday starting 14th July to the 18th August 2021 (6 week course)

Cost: Free

Phone: 4351 1152 bookings essential



Childcare available if pre booked

